

By: Representatives Calvert, Smith

To: Rules

HOUSE RESOLUTION NO. 40

1 A RESOLUTION RECOGNIZING AND COMMENDING SHERYL WEST UPON  
2 BEING NAMED THE 2023 STATE GAMES OF MISSISSIPPI FEMALE ATHLETE OF  
3 THE YEAR.

4 WHEREAS, Sheryl West, a cyclist from Hickory, Mississippi, has  
5 been named the 2023 State Games of Mississippi Female Athlete of  
6 the Year, a truly exceptional accomplishment; and

7 WHEREAS, since 2014, Ms. West has competed in the State Games  
8 Trail Run, and this year she added cycling to her competition  
9 list, taking home the gold medal with a race time of 53:12 for the  
10 13 mile course; and

11 WHEREAS, outside of the State Games, Ms. West is no stranger  
12 to competitions, as she has competed in three triathlon sprints,  
13 three half marathons, the Scorpion Trail Run 25k twice, the Ivey  
14 Trek 12k Trail Run twice, and numerous other 5k and 10k races; and

15 WHEREAS, Ms. West also enjoys biking, swimming, or running  
16 five or six times a week to help maintain physical and mental  
17 well-being; and



18           WHEREAS, Ms. West hopes to compete in the Singing Brakeman 62  
19 mile Century Ride, and as far as her State Games goals, she hopes  
20 to add the Master Swimming competition to the list of State Games  
21 events while also competing in the Trail Run and Cycling events in  
22 2024; and

23           WHEREAS, it is the policy of the House of Representatives to  
24 recognize extraordinary Mississippians, especially those such as  
25 Sheryl West, whose hard work and dedication to the sport of  
26 cycling and general athleticism brings honor to her community, and  
27 to the State of Mississippi:

28           NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF  
29 REPRESENTATIVES OF THE STATE OF MISSISSIPPI, That we do hereby  
30 recognize and commend Sheryl West upon being named the 2023 State  
31 Games of Mississippi Female Athlete of the Year, and express our  
32 most sincere wishes for continued success in all her future  
33 endeavors.

34           BE IT FURTHER RESOLVED, That copies of this resolution be  
35 furnished to Sheryl West and to the members of the Capitol Press  
36 Corps.

