

By: Representatives Calvert, Smith

To: Rules

HOUSE RESOLUTION NO. 40

1 A RESOLUTION RECOGNIZING AND COMMENDING SHERYL WEST UPON
2 BEING NAMED THE 2023 STATE GAMES OF MISSISSIPPI FEMALE ATHLETE OF
3 THE YEAR.

4 WHEREAS, Sheryl West, a cyclist from Hickory, Mississippi, has
5 been named the 2023 State Games of Mississippi Female Athlete of
6 the Year, a truly exceptional accomplishment; and

7 WHEREAS, since 2014, Ms. West has competed in the State Games
8 Trail Run, and this year she added cycling to her competition
9 list, taking home the gold medal with a race time of 53:12 for the
10 13 mile course; and

11 WHEREAS, outside of the State Games, Ms. West is no stranger
12 to competitions, as she has competed in three triathlon sprints,
13 three half marathons, the Scorpion Trail Run 25k twice, the Ivey
14 Trek 12k Trail Run twice, and numerous other 5k and 10k races; and

15 WHEREAS, Ms. West also enjoys biking, swimming, or running
16 five or six times a week to help maintain physical and mental
17 well-being; and



18 WHEREAS, Ms. West hopes to compete in the Singing Brakeman 62
19 mile Century Ride, and as far as her State Games goals, she hopes
20 to add the Master Swimming competition to the list of State Games
21 events while also competing in the Trail Run and Cycling events in
22 2024; and

23 WHEREAS, it is the policy of the House of Representatives to
24 recognize extraordinary Mississippians, especially those such as
25 Sheryl West, whose hard work and dedication to the sport of
26 cycling and general athleticism brings honor to her community, and
27 to the State of Mississippi:

28 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF
29 REPRESENTATIVES OF THE STATE OF MISSISSIPPI, That we do hereby
30 recognize and commend Sheryl West upon being named the 2023 State
31 Games of Mississippi Female Athlete of the Year, and express our
32 most sincere wishes for continued success in all her future
33 endeavors.

34 BE IT FURTHER RESOLVED, That copies of this resolution be
35 furnished to Sheryl West and to the members of the Capitol Press
36 Corps.

