

By: Representative Roberson

To: Rules

HOUSE RESOLUTION NO. 93

1 A RESOLUTION DESIGNATING SATURDAY, MARCH 11, 2023, AS  
2 SUDDENLY SLEEPY SATURDAY, A DAY FOR NARCOLEPSY AWARENESS.

3 WHEREAS, narcolepsy is a sleep disorder, involving irregular  
4 patterns in rapid eye movement (REM) sleep and significant  
5 disruptions of the normal sleep/wake cycle; and

6 WHEREAS, while the cause of narcolepsy is not completely  
7 understood, current research points to a combination of genetic  
8 and environmental factors that influence the immune system; and

9 WHEREAS, narcolepsy affects an estimated 1 in every 2,000  
10 Americans; and

11 WHEREAS, narcolepsy is an under recognized and under  
12 diagnosed condition; and

13 WHEREAS, the symptoms of narcolepsy, especially when  
14 undiagnosed, can lead to accidents, injuries, and problems with  
15 learning and working; and

16 WHEREAS, narcolepsy affects people neurologically, socially  
17 and emotionally; and



18           WHEREAS, narcolepsy affects people of all ages, with onset  
19 typically between the ages of 15 and 25; and

20           WHEREAS, the Narcolepsy Network is a national organization  
21 created to promote awareness of the disease and support for those  
22 who suffer from narcolepsy; and

23           WHEREAS, it is the policy of the House of Representatives to  
24 bring awareness to important causes, especially those such as  
25 narcolepsy, that affect many Mississippians:

26           NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF  
27 REPRESENTATIVES OF THE STATE OF MISSISSIPPI, That we do hereby  
28 designate Saturday, March 11, 2023, as Suddenly Sleepy Saturday, A  
29 Day for Narcolepsy Awareness.

30           BE IT FURTHER RESOLVED, That copies of this resolution be  
31 furnished to the Narcolepsy Network, and to the members of the  
32 Capitol Press Corps.

