To: Insurance

By: Representative Creekmore IV

HOUSE BILL NO. 693

- AN ACT TO AMEND SECTION 83-9-37, MISSISSIPPI CODE OF 1972, TO CLARIFY CERTAIN TERMINOLOGY FOR HEALTH INSURANCE POLICY COVERAGE FOR MENTAL ILLNESS; TO AMEND SECTION 83-9-39, MISSISSIPPI CODE OF 1972, TO ADD HEALTH INSURANCE ISSUER REPORTING REQUIREMENTS ABOUT MENTAL ILLNESS COVERAGE PARITY; AND FOR RELATED PURPOSES.
- 6 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF MISSISSIPPI:
- 7 **SECTION 1.** Section 83-9-37, Mississippi Code of 1972, is
- 8 amended as follows:
- 9 83-9-37. As used in Sections 83-9-37 through 83-9-43,
- 10 Mississippi Code of 1972:
- 11 (a) "Alternative delivery system" means a health
- 12 maintenance organization (HMO), preferred provider organization
- 13 (PPO), exclusive provider organization (EPO), individual practice
- 14 association (IPA), medical staff hospital organization (MESH),
- 15 physician hospital organization (PHO), and any other plan or
- 16 organization which provides health care services through a
- 17 mechanism other than insurance and is regulated by the State of
- 18 Mississippi.

19	(b)	"Covered	benefits"	means	the	health	care	services

- 20 or treatment available to an insured party under a health
- 21 insurance policy for which the insurer will pay part or all of the
- 22 costs.
- 23 (c) "Health insurance issuer" means any entity that
- 24 offers health insurance coverage through a health benefit plan,
- 25 policy, or certificate of insurance subject to state law that
- 26 regulates the business of insurance. "Health insurance issuer"
- 27 also includes a health maintenance organization, as defined and
- 28 regulated under Section 83-41-301 et seq.
- 29 ( \* \*  $\star \underline{d}$ ) "Hospital" means a facility licensed as a
- 30 hospital by the Mississippi Department of Health.
- 31 (\* \* \*e) "Health service provider" means a physician
- 32 or psychologist who is authorized by the facility in which
- 33 services are delivered to provide mental health services in an
- 34 inpatient or outpatient setting, within his or her scope of
- 35 licensure.
- 36 (\*\*\*f) "Inpatient services" means therapeutic
- 37 services which are available twenty-four (24) hours a day in a
- 38 hospital or other treatment facility licensed by the State of
- 39 Mississippi.
- 40 (\* \* \*g) "Mental illness" means any psychiatric
- 41 disease identified in the current edition of The International
- 42 Classification of Diseases or The American Psychiatric Association

- 43 Diagnostic and Statistical Manual, including substance use
- 44 disorders.
- 45 (h) "Nonquantitative treatment limitation" means any
- 46 limitation that is not expressed numerically, but otherwise limits
- 47 the scope or duration of benefits for treatment.
- 48 ( \* \* \*i) "Outpatient services" means therapeutic
- 49 services which are provided to a patient according to an
- 50 individualized treatment plan which does not require the patient's
- 51 full-time confinement to a hospital or other treatment facility
- 52 licensed by the State of Mississippi. The term "outpatient
- 53 services" refers to services which may be provided in a hospital,
- 54 an outpatient treatment facility or other appropriate setting
- 55 licensed by the State of Mississippi.
- ( \* \* \*j) "Outpatient treatment facility" means (i) a
- 57 clinic or other similar location which is certified by the State
- 58 of Mississippi as a qualified provider of outpatient services for
- 59 the treatment of mental illness or (ii) the office of a health
- 60 service provider.
- 61 (\*\*\*k) "Partial hospitalization" means inpatient
- 62 treatment, other than full twenty-four-hour programs, in a
- 63 treatment facility licensed by the State of Mississippi; the term
- 64 includes day, night and weekend treatment programs.
- ( \* \* \*1) "Physician" means a physician licensed by the
- 66 State of Mississippi to practice therein.

- 67 ( \* \* \* $\underline{m}$ ) "Psychologist" means a psychologist licensed
- 68 by the State of Mississippi to practice therein.
- 69 **SECTION 2.** Section 83-9-39, Mississippi Code of 1972, is
- 70 amended as follows:
- 71 83-9-39. (1) (a) Except as otherwise provided herein, all
- 72 alternative delivery systems and all group health insurance
- 73 policies, plans or programs regulated by the State of Mississippi
- 74 shall provide covered benefits for the treatment of mental
- 75 illness, except for policies which only provide coverage for
- 76 specified diseases and other limited benefit health insurance
- 77 policies and negotiated labor contracts.
- 78 (b) Health insurance policies, plans or programs of any
- 79 employer of one hundred (100) or fewer eligible employees and all
- 80 individual health insurance policies which are regulated by the
- 81 State of Mississippi which do not currently offer benefits for
- 82 treatment of mental illness shall offer covered benefits for the
- 83 treatment of mental illness, except for policies which only
- 84 provide coverage for specified diseases and other limited benefit
- 85 health insurance policies and negotiated labor contracts.
- 86 (2) Covered benefits for inpatient treatment of mental
- 87 illness in insurance policies and other contracts subject to
- 88 Sections 83-9-37 through 83-9-43 shall be limited to inpatient
- 89 services certified as necessary by a health service provider.
- 90 (3) Covered benefits for outpatient treatment of mental
- 91 illness in insurance policies and other contracts subject to

92	Sections	83-9-37	through	83-9-43	shall	be I	limited	to	outpatient
93	services	certifie	ed as neo	cessary	bv a h	ealth	n servic	e r	orovider.

- 94 (4) Before an insured party may qualify to receive benefits 95 under Sections 83-9-37 through 83-9-43, a health service provider 96 shall certify that the individual is suffering from mental illness 97 and refer the individual for the appropriate treatment.
- 98 (5) All mental illness, treatment or services with respect 99 to such treatment eligible for health insurance coverage shall be 100 subject to professional utilization and peer review procedures.
- 101 (6) The provisions of this section shall apply only to
  102 alternative delivery systems and individual and group health
  103 insurance policies, plans or programs issued or renewed after July
  104 1, 1991.
- 105 (7) The exclusion period for coverage of a preexisting
  106 mental condition shall be the same period of time as that for
  107 other medical illnesses covered under the same plan, program or
  108 contract.
- 109 (8) Each health insurance issuer that provides covered

  110 benefits for the treatment of mental illness must submit an annual

  111 report to the Commissioner on or before July 1, that contains the

  112 following information:
- 113 (a) A description of the process used to develop or

  114 select the medical necessity criteria for mental illness benefits

  115 and the process used to develop or select the medical necessity

  116 criteria for medical and surgical benefits.

117	(b) Identification of all nonquantitative treatment
118	limitations (NQTLs) that are applied to both mental illness
119	benefits and medical and surgical benefits; there may be no
120	separate NQTLs that apply to mental illness benefits but do not
121	apply to medical and surgical benefits within any classification
122	of benefits.
123	(c) The results of an analysis that demonstrates that
124	for the medical necessity criteria described in paragraph (a) of
125	this subsection and for each NQTL identified in paragraph (b) of
126	this subsection, as written and in operation, the processes,
127	strategies, evidentiary standards, or other factors used to apply
128	the medical necessity criteria and each NQTL to mental illness
129	benefits are comparable to, and are applied no more stringently
130	than the processes, strategies, evidentiary standards, or other
131	factors used to apply the medical necessity criteria and each
132	NQTL, as written and in operation, to medical and surgical
133	benefits; at a minimum, the results of the analysis shall:
134	(i) Identify the factors used to determine that ar
135	NQTL will apply to a benefit, including factors that were
136	considered but rejected;
137	(ii) Identify and define the specific evidentiary
138	standards used to define the factors and any other evidentiary
139	standards relied upon in designing each NQTL;
140	(iii) Identify and describe the methods and
141	analyses used, including the results of the analyses, to determine

142	that the processes and strategies used to design each NQTL, as
143	written, for mental illness benefits are comparable to and applied
144	no more stringently than the processes and strategies used to
145	design each NQTL, as written, for medical and surgical benefits;
146	(iv) Identify and describe the methods and
147	analyses used, including the results of the analyses, to determine
148	that processes and strategies used to apply each NQTL, in
149	operation, for mental illness benefits are comparable to and
150	applied no more stringently than the processes or strategies used
151	to apply each NQTL, in operation, for medical and surgical
152	benefits; and
153	(v) Disclose the specific findings and conclusions
154	reached by the issuer that the results of the analyses above
155	indicate that the issuer is in compliance with this section and
156	the Mental Health Parity and Addiction Equity Act of 2008 found at
157	42 USC 300gg-26 and its implementing regulations, which includes
158	45 CER 146.136 and 45 CER 147.160.
159	SECTION 3. This act shall take effect and be in force from
160	and after July 1 2022