

**Adopted
AMENDMENT NO 1 PROPOSED TO**

House Bill No. 1283

BY: Representative Paden

1 **AMEND** after line 171 by inserting the following as new
2 subsections:

3 "(10) Beginning with the 2019-2020 school year, the
4 health education component of the Comprehensive School Health
5 Education Program must include instruction in mental illness and
6 mental health. The Office of Comprehensive School Health
7 Education shall identify the elementary grade level that is most
8 appropriate for incorporating the mental illness and mental health
9 instruction into health education and shall require age-
10 appropriate mental illness and mental health instruction to be
11 included in the curriculum for that grade and all higher grade
12 levels. The mental illness and mental health instruction must be
13 taught during the minimum instructional time required under



14 Section 37-13-134(1) to be dedicated to health education
15 instruction.

16 (11) The mental illness and mental health instruction must
17 include, at a minimum, the following objectives for students:

18 (a) Understanding mental health problems and gaining an
19 awareness of the myths and realities of mental illness;

20 (b) Destigmatizing mental illness and improving
21 attitudes toward seeking help for mental health problems;

22 (c) Recognizing signs and symptoms of mental illness;

23 (d) Employing positive coping techniques to address
24 stress that does not rise to a level requiring professional
25 treatment but if left unattended, may lead to mental illness; and

26 (e) Utilizing professional resources available to
27 students to address mental health issues affecting a student or
28 member of a student's family, including telephone numbers of
29 assistance hotlines and Internet websites of mental health
30 agencies that serve the region in which a school is located."

31 **AMEND further the title to conform.**

