AMEND after line 171 by inserting the following as new subsections:

"(10) Beginning with the 2019-2020 school year, the health education component of the Comprehensive School Health Education Program must include instruction in mental illness and mental health. The Office of Comprehensive School Health Education shall identify the elementary grade level that is most appropriate for incorporating the mental illness and mental health instruction into health education and shall require age-appropriate mental illness and mental health instruction to be included in the curriculum for that grade and all higher grade levels. The mental illness and mental health instruction must be taught during the minimum instructional time required under
Section 37-13-134(1) to be dedicated to health education instruction.

(11) The mental illness and mental health instruction must include, at a minimum, the following objectives for students:

(a) Understanding mental health problems and gaining an awareness of the myths and realities of mental illness;

(b) Destigmatizing mental illness and improving attitudes toward seeking help for mental health problems;

(c) Recognizing signs and symptoms of mental illness;

(d) Employing positive coping techniques to address stress that does not rise to a level requiring professional treatment but if left unattended, may lead to mental illness; and

(e) Utilizing professional resources available to students to address mental health issues affecting a student or member of a student's family, including telephone numbers of assistance hotlines and Internet websites of mental health agencies that serve the region in which a school is located."

AMEND further the title to conform.