

By: Senator(s) Doty, Blackwell, Branning,
Dearing, Jackson (32nd), Massey, Parker

To: Rules

SENATE CONCURRENT RESOLUTION NO. 572

1 A CONCURRENT RESOLUTION TO DESIGNATE FEBRUARY 6, 2019, AS
2 AMERICAN HEART ASSOCIATION "NATIONAL WEAR RED DAY" IN MISSISSIPPI
3 TO BRING AWARENESS TO THE EFFECTS OF CARDIOVASCULAR DISEASE IN
4 WOMEN.

5 WHEREAS, "Go Red For Women" is the American Heart
6 Association's solution to save women's lives. Too many women die
7 each year because they are unaware that heart disease is their No.
8 One killer; and

9 WHEREAS, each year, one in three women die of heart disease
10 and stroke, killing approximately one woman every minute. But we
11 can change that because 80% of cardiac events can be prevented
12 with education and lifestyle changes; and

13 WHEREAS, women who are involved with the Go Red For Women
14 movement live healthier lives:

- 15 • 90% have made at least one healthy behavior change;
- 16 • More than 1/3 have lost weight;
- 17 • More than 50% have increased their exercise;
- 18 • Six out of 10 have changed their diets;
- 19 • More than 40% have checked their cholesterol levels;



20 • One-third have talked with their doctors about developing
21 heart health plans; and

22 WHEREAS, heart disease is largely preventable; in fact, 80%
23 of cardiac events in women may be prevented if women make the
24 right choices for their hearts, involving diet, exercise and
25 abstinence from smoking; and

26 WHEREAS, celebrating National Wear Red Day, the first Friday
27 in February, is when Americans nationwide wear red to show their
28 support for women's heart disease awareness. The national
29 awareness campaign for women about heart disease introduces the
30 Red Dress as the national symbol for women and heart disease
31 awareness to deliver an urgent wake-up call to American women.
32 The Red Dress reminds women of the need to protect their heart
33 health, and inspires them to take action. National Wear Red Day
34 promotes the symbol and provides an opportunity for everyone to
35 unite in this life-saving awareness movement by showing off a
36 favorite red dress, shirt, or tie, or Red Dress Pin. The National
37 Heart, Lung, and Blood Institute; the Office on Women's Health;
38 the U.S. Department of Health and Human Services; WomenHeart: the
39 National Coalition for Women with Heart Disease; the Mississippi
40 Chapter of the American Heart Association; and many other groups
41 promote National Wear Red Day in Mississippi; and

42 WHEREAS, each year thousands of men and women at companies,
43 organizations, churches and schools wear red to fight heart
44 disease on this day:



45 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE STATE OF
46 MISSISSIPPI, THE HOUSE OF REPRESENTATIVES CONCURRING THEREIN, That
47 we do hereby recognize and designate February 6, 2019, as American
48 Heart Association "National Wear Red Day" in Mississippi and
49 encourage all citizens to join in bringing awareness to the
50 effects of cardiovascular disease in women.

51 BE IT FURTHER RESOLVED, That this resolution be presented to
52 the Mississippi Chapter of the American Heart Association,
53 forwarded to the State Board of Health for appropriate
54 distribution to the citizens of our state, and made available to
55 the Capitol Press Corps.

