MISSISSIPPI LEGISLATURE

By: Senator(s) Parker, Blackwell, Massey, Barnett, Carmichael, Chassaniol, Clarke, Dearing, DeBar, Fillingane, Hopson, Jackson (32nd), Seymour, Watson, Whaley, Jolly To: Rules

SENATE CONCURRENT RESOLUTION NO. 514

1 A CONCURRENT RESOLUTION COMMENDING AND CONGRATULATING THE 2 PARTICIPANTS IN THE LAWFIT CHALLENGE FROM THE MISSISSIPPI 3 DEPARTMENT OF WILDLIFE, FISHERIES AND PARKS (TEAM WILDLIFE) FOR 4 TAKING TOP HONORS AND SETTING NEW RECORDS IN THE 16TH ANNUAL 5 LAWFIT CHALLENGE HELD IN PEARL, MISSISSIPPI.

6 WHEREAS, in the aftermath of the September 11, 2001, terrorist attacks and with the mandate of Homeland Security in the 7 8 United States, the health and fitness of law enforcement personnel 9 is more important than ever. Officers are called upon to perform 10 increasingly diverse duties in support of the military and national security personnel. A high level of fitness can be the 11 12 key to both officer and citizen survival. With this in mind, the National Center for Public Safety Fitness, located on the campus 13 of George Mason University in Fairfax, Virginia, has established 14 15 the LawFit Challenge to recognize those law enforcement officers 16 who have proven that they are fit to serve. The National Center 17 for Public Safety Fitness invited all law enforcement agencies 18 from across the country to send their most fit officers to compete

S. C. R. No. 514 **~ OFFICIAL ~** N1/2 18/SS01/R13 PAGE 1 (tb\rc) 19 in the 16th Annual LawFit Challenge. This event was held on June 20 8-10, 2017, in Pearl, Mississippi; and

WHEREAS, LawFit is three days of intense competition. 21 The 22 event includes four-person teams, pairs and individual 23 competitors. The LawFit Challenge consists of a series of six 24 fitness and job-related competitive events: one-rep maximum bench 25 press (based on a percentage of body weight); one-minute sit-up 26 test; sit-and-reach flexibility test; pull-ups; 200 yards agility 27 course (series of work-related obstacles); and a 1.5-mile run. 28 These tests have been found to be good predictors of an officer's 29 fitness for duty. Awards were given to the top five male and 30 female competitors as well as the top five teams. Individual 31 event winners were also recognized; and

32 WHEREAS, Mississippi law enforcement officers took the title 33 at the National LawFit Challenge for the 11th consecutive year, 34 and the Mississippi Department of Wildlife, Fisheries and Parks 35 dominated; and

WHEREAS, Mississippi Department of Wildlife, Fisheries and 36 37 Parks LawFit Team Leader Captain Chris Reed said, "Out of the 140 38 officers who competed, all of our guys finished in the top 16. 39 The top three spots went to our officers." Not only did MDWFP 40 finish on top, they did it in record-breaking style. "Our 41 Four-Man Team, which is the big prize of the competition, broke the record set in 2015," Reed said. "The previous record was 42 1,599 and we scored 1,618"; and 43

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44 WHEREAS, the Four-Man Team consisted of Reed, Private Derrick 45 Scott, Lieutenant Marcus Christon and Corporal Justin Gates; the same four who set the record in 2015. Scott set another record. 46 47 He racked up 424 total points as an individual. "Four hundred 48 twenty-four is the highest score in history," Reed said. "That 49 point total is great." Reed pointed out that breaking 400 points for an individual is rare, but not for MDWFP. "In the 16 years 50 51 this competition has been in existence, there have been seven 52 officers who scored over 400 points," Reed said. "Six of those seven have been MDWFP officers." Christon and Gates also passed 53 54 the 400 mark this year with 422 and 407 points, respectively; and

55 WHEREAS, other records were also broken. Gates lifted 226% 56 of his body weight for a bench-press record. Christon and Scott 57 had a combined score of 846 for a new Male Pairs record. Team 58 members Private Tamarrius Good and Sergeant Major Ron McMillan 59 also had solid performances. Good finished in 12th place overall 60 with 364 points and McMillan at 16th place with 357 points; and

61 WHEREAS, MDWFP wasn't the only Mississippi agency that had a 62 strong showing. Rivals Mississippi Highway Patrol and MDWFP have 63 been swapping places between first and second in the event since 64 2014. With MHP's second-place finish, this year was no different. 65 "Team Mississippi came on strong," said Reed. "It's a little 66 rivalry that exists, but it's a healthy rivalry. We push each 67 other"; and

68 WHEREAS, Dr. David L. Bever (Founder of LawFit) is convinced 69 that the rest of the country should follow Mississippi when it 70 comes to being fit for duty; and it is with great pride that we 71 pay tribute to these law enforcement officers who have brought 72 honor to their community, their branch of service and to the State 73 of Mississippi:

74 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE STATE OF 75 MISSISSIPPI, THE HOUSE OF REPRESENTATIVES CONCURRING THEREIN, That 76 we do hereby commend and congratulate the participants in the 77 LawFit Challenge from the Mississippi Department of Wildlife, 78 Fisheries and Parks (Team Wildlife) for taking top honors in the 79 16th Annual LawFit Challenge held in Pearl, Mississippi, and 80 extend best wishes of the Legislature to these officers for future 81 LawFit Challenge success.

BE IT FURTHER RESOLVED, That this resolution be presented to the members of Team Wildlife, Team Captain Lieutenant Chris Reed, the Executive Director of the Department of Wildlife, Fisheries and Parks, and made available to the Capitol Press Corps.

S. C. R. No.514~ OFFICIAL ~18/SS01/R13ST: Commend MDWFP Team Wildlife for top honorsPAGE 4 (tb\rc)in the 2017 LawFit Challenge.