MISSISSIPPI LEGISLATURE

By: Senator(s) Tollison

REGULAR SESSION 2018

To: Insurance; Appropriations

SENATE BILL NO. 2094

1 AN ACT TO AMEND SECTION 83-9-37, MISSISSIPPI CODE OF 1972, TO 2 CLARIFY CERTAIN TERMINOLOGY FOR HEALTH INSURANCE POLICY COVERAGE 3 FOR MENTAL ILLNESS; TO AMEND SECTION 83-9-39, MISSISSIPPI CODE OF 1972, TO ADD HEALTH INSURANCE ISSUER REPORTING REQUIREMENTS ABOUT 4 MENTAL ILLNESS COVERAGE PARITY; AND FOR RELATED PURPOSES. 5 6 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF MISSISSIPPI: 7 SECTION 1. Section 83-9-37, Mississippi Code of 1972, is amended as follows: 8 9 83-9-37. As used in Sections 83-9-37 through 83-9-43, 10 Mississippi Code of 1972: (a) "Alternative delivery system" means a health 11 12 maintenance organization (HMO), preferred provider organization (PPO), exclusive provider organization (EPO), individual practice 13 association (IPA), medical staff hospital organization (MESH), 14 15 physician hospital organization (PHO), and any other plan or 16 organization which provides health care services through a 17 mechanism other than insurance and is regulated by the State of 18 Mississippi.

S. B. No. 2094 18/SS26/R468 PAGE 1 (tb\rc) (b) "Covered benefits" means the health care services or treatment available to an insured party under a health insurance policy for which the insurer will pay part or all of the costs.

(c) <u>"Health insurance issuer" means any entity that</u> offers health insurance coverage through a health benefit plan, policy, or certificate of insurance subject to state law that regulates the business of insurance. "Health insurance issuer" also includes a health maintenance organization, as defined and regulated under Section 83-41-301 et seq.

29 (***<u>d</u>) "Hospital" means a facility licensed as a
30 hospital by the Mississippi Department of Health.

31 (***<u>e</u>) "Health service provider" means a physician 32 or psychologist who is authorized by the facility in which 33 services are delivered to provide mental health services in an 34 inpatient or outpatient setting, within his or her scope of 35 licensure.

36 (***<u>f</u>) "Inpatient services" means therapeutic
37 services which are available twenty-four (24) hours a day in a
38 hospital or other treatment facility licensed by the State of
39 Mississippi.

40 (***g) "Mental illness" means any psychiatric
41 disease identified in the current edition of The International
42 Classification of Diseases or The American Psychiatric Association

43 Diagnostic and Statistical Manual, including substance use 44 disorders.

45 (h) <u>"Nonquantitative treatment limitation" means any</u>
46 <u>limitation that is not expressed numerically, but otherwise limits</u>
47 the scope or duration of benefits for treatment.

48 (* * *i) "Outpatient services" means therapeutic services which are provided to a patient according to an 49 50 individualized treatment plan which does not require the patient's 51 full-time confinement to a hospital or other treatment facility 52 licensed by the State of Mississippi. The term "outpatient 53 services" refers to services which may be provided in a hospital, an outpatient treatment facility or other appropriate setting 54 55 licensed by the State of Mississippi.

56 $(* * * \underline{j})$ "Outpatient treatment facility" means (i) a 57 clinic or other similar location which is certified by the State 58 of Mississippi as a qualified provider of outpatient services for 59 the treatment of mental illness or (ii) the office of a health 60 service provider.

(***<u>k</u>) "Partial hospitalization" means inpatient
treatment, other than full twenty-four-hour programs, in a
treatment facility licensed by the State of Mississippi; the term
includes day, night and weekend treatment programs.

65 (* * * 1) "Physician" means a physician licensed by the 66 State of Mississippi to practice therein.

S. B. No. 2094 ~ OFFICIAL ~ 18/SS26/R468 PAGE 3 (tb\rc) 67 (* * *m) "Psychologist" means a psychologist licensed
68 by the State of Mississippi to practice therein.

69 SECTION 2. Section 83-9-39, Mississippi Code of 1972, is 70 amended as follows:

71 83-9-39. (1)(a) Except as otherwise provided herein, all 72 alternative delivery systems and all group health insurance 73 policies, plans or programs regulated by the State of Mississippi 74 shall provide covered benefits for the treatment of mental 75 illness, except for policies which only provide coverage for 76 specified diseases and other limited benefit health insurance 77 policies and negotiated labor contracts.

78 Health insurance policies, plans or programs of any (b) 79 employer of one hundred (100) or fewer eligible employees and all 80 individual health insurance policies which are regulated by the State of Mississippi which do not currently offer benefits for 81 82 treatment of mental illness shall offer covered benefits for the 83 treatment of mental illness, except for policies which only provide coverage for specified diseases and other limited benefit 84 85 health insurance policies and negotiated labor contracts.

86 (2) Covered benefits for inpatient treatment of mental
87 illness in insurance policies and other contracts subject to
88 Sections 83-9-37 through 83-9-43 shall be limited to inpatient
89 services certified as necessary by a health service provider.

90 (3) Covered benefits for outpatient treatment of mental91 illness in insurance policies and other contracts subject to

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92 Sections 83-9-37 through 83-9-43 shall be limited to outpatient 93 services certified as necessary by a health service provider.

94 (4) Before an insured party may qualify to receive benefits
95 under Sections 83-9-37 through 83-9-43, a health service provider
96 shall certify that the individual is suffering from mental illness
97 and refer the individual for the appropriate treatment.

98 (5) All mental illness, treatment or services with respect 99 to such treatment eligible for health insurance coverage shall be 100 subject to professional utilization and peer review procedures.

101 (6) The provisions of this section shall apply only to 102 alternative delivery systems and individual and group health 103 insurance policies, plans or programs issued or renewed after July 104 1, 1991.

105 (7) The exclusion period for coverage of a preexisting 106 mental condition shall be the same period of time as that for 107 other medical illnesses covered under the same plan, program or 108 contract.

109 (8) Each health insurance issuer that provides covered 110 benefits for the treatment of mental illness must submit an annual 111 report to the Commissioner on or before July 1 that contains the 112 following information: 113 (a) A description of the process used to develop or

114 select the medical necessity criteria for mental illness benefits 115 and the process used to develop or select the medical necessity

116 criteria for medical and surgical benefits.

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| 117 | (b) Identification of all nonquantitative treatment |
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| 118 | limitations (NQTLs) that are applied to both mental illness |
| 119 | benefits and medical and surgical benefits; there may be no |
| 120 | separate NQTLs that apply to mental illness benefits but do not |
| 121 | apply to medical and surgical benefits within any classification |
| 122 | of benefits. |
| 123 | (c) The results of an analysis that demonstrates that |
| 124 | for the medical necessity criteria described in paragraph (a) of |
| 125 | this subsection and for each NQTL identified in paragraph (b) of |
| 126 | this subsection, as written and in operation, the processes, |
| 127 | strategies, evidentiary standards, or other factors used to apply |
| 128 | the medical necessity criteria and each NQTL to mental illness |
| 129 | benefits are comparable to, and are applied no more stringently |
| 130 | than the processes, strategies, evidentiary standards, or other |
| 131 | factors used to apply the medical necessity criteria and each |
| 132 | NQTL, as written and in operation, to medical and surgical |
| 133 | benefits; at a minimum, the results of the analysis shall: |
| 134 | (i) Identify the factors used to determine that an |
| 135 | NQTL will apply to a benefit, including factors that were |
| 136 | considered but rejected; |
| 137 | (ii) Identify and define the specific evidentiary |
| 138 | standards used to define the factors and any other evidentiary |
| 139 | standards relied upon in designing each NQTL; |
| 140 | (iii) Identify and describe the methods and |
| 141 | analyses used, including the results of the analyses, to determine |
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142 that the processes and strategies used to design each NQTL, as 143 written, for mental illness benefits are comparable to and applied no more stringently than the processes and strategies used to 144 design each NQTL, as written, for medical and surgical benefits; 145 146 (iv) Identify and describe the methods and 147 analyses used, including the results of the analyses, to determine that processes and strategies used to apply each NQTL, in 148 149 operation, for mental illness benefits are comparable to and 150 applied no more stringently than the processes or strategies used 151 to apply each NQTL, in operation, for medical and surgical 152 benefits; and 153 (v) Disclose the specific findings and conclusions 154 reached by the issuer that the results of the analyses above 155 indicate that the issuer is in compliance with this section and 156 the Mental Health Parity and Addiction Equity Act of 2008 found at 157 42 USC 300gg-26 and its implementing regulations, which includes 158 45 CER 146.136 and 45 CER 147.160. 159 SECTION 3. This act shall take effect and be in force from

160 and after July 1, 2018.