

By: Senator(s) Parker, Blackwell, Branning,
Carmichael, Chassaniol, Clarke, Dearing,
DeBar, Fillingane, Massey, Moran, Simmons
(13th), Stone, Watson, Jackson (11th),
Jackson (32nd), Jackson (15th)

To: Rules

SENATE CONCURRENT RESOLUTION NO. 504

1 A CONCURRENT RESOLUTION COMMENDING AND CONGRATULATING THE
2 PARTICIPANTS IN THE LAWFIT CHALLENGE FROM THE MISSISSIPPI
3 DEPARTMENT OF WILDLIFE, FISHERIES AND PARKS (TEAM WILDLIFE) FOR
4 TAKING TOP HONORS AND SETTING NEW RECORDS IN THE 14TH ANNUAL
5 LAWFIT CHALLENGE HELD IN OLIVE BRANCH, MISSISSIPPI.

6 WHEREAS, in the aftermath of the September 11, 2001,
7 terrorist attacks and with the mandate of Homeland Security in the
8 United States, the health and fitness of law enforcement personnel
9 is more important than ever. Officers are called upon to perform
10 increasingly diverse duties in support of the military and
11 national security personnel. A high level of fitness can be the
12 key to both officer and citizen survival. With this in mind, the
13 National Center for Public Safety Fitness, located on the campus
14 of George Mason University in Fairfax, Virginia, has established
15 the LawFit Challenge to recognize those law enforcement officers
16 who have proven that they are fit to serve. The National Center
17 for Public Safety Fitness invited all law enforcement agencies
18 from across the country to send their most fit officers to compete
19 in the 14th Annual LawFit Challenge. This event was held on July



20 16-18, 2015, in Olive Branch, Mississippi, and saw temperatures in
21 the upper 90s and heat indexes above 100 degrees; and

22 WHEREAS, LawFit is three days of intense competition. The
23 event includes four-person teams, pairs and individual
24 competitors. The LawFit Challenge consists of a series of six
25 fitness and job-related competitive events: one-rep maximum bench
26 press (based on a percentage of body weight); one-minute sit-up
27 test; sit-and-reach flexibility test; pull-ups; 200 yards agility
28 course (series of work-related obstacles); and a 1.5-mile run.
29 These tests have been found to be good predictors of an officer's
30 fitness for duty. Awards were given to the top five male and
31 female competitors as well as the top five teams. Individual
32 event winners were also recognized; and

33 WHEREAS, Mississippi law enforcement officers took the title
34 at the National LawFit Challenge for the ninth consecutive year.
35 But this time the Mississippi Highway Patrol wasn't the victor, it
36 was the Mississippi Department of Wildlife, Fisheries and Parks.
37 This was the third year Team Wildlife has competed in the
38 competition; and

39 WHEREAS, the Mississippi Department of Wildlife, Fisheries
40 and Parks has 158 officers, and some of the agencies they compete
41 against are much larger. But Chief Steve Adcock was not surprised
42 by the team's performance. "I think what you have to look at is
43 the training program, and ours is second to none," Adcock said.
44 "We have one of the most strenuous training programs in the



45 nation. There's a lot of camaraderie between our guys and the
46 Highway Patrol. They work a lot together"; and

47 WHEREAS, the Mississippi Department of Wildlife, Fisheries
48 and Parks' Team Members are: Private Derrick Scott, Private
49 Justin Gates, Sergeant Major Ron McMillan, Lieutenant Chris Reed
50 (Team Captain), Private Justin Adams and Sergeant Major Marcus
51 Christon; and

52 WHEREAS, officers compete as individuals, in two-man teams
53 and four-man teams. The Mississippi Department of Wildlife,
54 Fisheries and Parks' Officers broke records in all three
55 divisions:

56 • Total points for a four-man team: 1,599 by Christon,
57 Gates, Reed and Scott. The previous record was 1,515;

58 • Total points for a two-man team: 418 by Christon and
59 Gates. The previous record was 519;

60 • Pull-ups: 67 by Christon. The previous record was 51;

61 • Bench press: 401 pounds by Gates, which was 221% of his
62 body weight. The previous record was 214%;

63 • Most points accumulated by an individual: 418 by
64 Christon. The previous record was 403;

65 • The Mississippi Department of Wildlife, Fisheries and
66 Parks' team member Sergeant Major Ron McMillan finished 10th
67 overall as an individual, and Private Justin Adams finished fourth
68 in the 1.5-mile run; and



69 WHEREAS, Dr. David L. Bever (Founder of LawFit) was convinced
70 that the rest of the country should follow Mississippi when it
71 comes to being fit for duty; and it is with great pride that we
72 pay tribute to these law enforcement officers who have brought
73 honor to their community, their branch of service and to the State
74 of Mississippi:

75 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE STATE OF
76 MISSISSIPPI, THE HOUSE OF REPRESENTATIVES CONCURRING THEREIN, That
77 we do hereby commend and congratulate the participants in the
78 LawFit Challenge from the Mississippi Department of Wildlife,
79 Fisheries and Parks (Team Wildlife) for taking top honors in the
80 14th Annual LawFit Challenge held in Olive Branch, Mississippi,
81 and extend the best wishes of the Legislature to these officers
82 for future LawFit Challenge success.

83 BE IT FURTHER RESOLVED, That this resolution be presented to
84 the members of Team Wildlife, the Team Captain Lieutenant Chris
85 Reed, the Executive Director of the Department of Wildlife,
86 Fisheries and Parks, and be made available to the Capitol Press
87 Corps.

