

By: Senator(s) Carmichael, Burton, Jackson
(32nd), Frazier, Jackson (11th)

To: Rules

SENATE RESOLUTION NO. 38

1 A RESOLUTION COMMENDING AND CONGRATULATING JIM QUICK ON BEING
2 SELECTED AS THE 2005 STATE GAMES OF MISSISSIPPI BELLSOUTH MALE
3 ATHLETE OF THE YEAR.

4 WHEREAS, Jim Quick of Meridian, Mississippi, was selected as
5 the 2005 State Games of Mississippi BellSouth Male Athlete of the
6 Year; and

7 WHEREAS, the award seeks to honor those athletes who
8 personify the ideals of the State Games movement, such as
9 participation, sportsmanship, achievement, effort and positive
10 attitude; and

11 WHEREAS, Jim participated in the State Games of Mississippi
12 for the first time in 1993. He has participated nine of the 14
13 years that the games have been held. Jim has won 15 medals in
14 these nine years in Cycling, Mountain Bike, 5K Road Race and
15 Kayak; and

16 WHEREAS, Jim smoked two to three packs of cigarettes a day
17 until he was 27 years old. He began his running interest in 1978.
18 It started one evening as he ran to Highland Park from his home, a
19 distance of one mile. The next day he was unable to run again.
20 With his determination, he kept trying slowly increasing his
21 distance each time. However, his heavy smoking habit was starting
22 to cause medical problems, and he finally decided that he could
23 not keep up his running interest and continue to smoke. He
24 finally was able to quit his 12-year habit; and

25 WHEREAS, after watching the Iron Man broadcast and seeing
26 Julie Moss crawl across the finish line to finish her race, he was
27 inspired to accomplish finishing a triathlon. He began riding an

28 old bike and participated in the 1983 Heart of Dixie Triathlon.
29 He finished, but it would be five more years before he did
30 another. He continued his training in biking and running; and

31 WHEREAS, over the years, he has completed 300 races,
32 including the Bike Across Mississippi, a 160-mile one- or two-day
33 ride. He has completed three marathons, qualifying for Boston
34 twice and running the Boston Marathon once. He once had a running
35 streak of 565 days in a row. He has had two years of over 2,000
36 miles run and two years of over 10,000 miles cycling in his
37 training; and

38 WHEREAS, at the age of 54, he still enjoys competing against
39 those who are half his age and occasionally beating them. He
40 competed in the Senior Olympics in 2005, winning five Gold Medals
41 in Cycling; and

42 WHEREAS, in the 2005 State Games of Mississippi, Jim won the
43 overall Cycling Road Race and a Gold Medal in his age division;
44 and

45 WHEREAS, Jim demonstrates the true spirit of the State Games
46 of Mississippi, as he is committed to doing his best, enjoys the
47 competition and has respect for the athletes, volunteers and staff
48 who work, plan and implement this annual classic; and

49 WHEREAS, it is with pride that we recognize and commend this
50 amateur athlete who has brought honor to his community and to his
51 state:

52 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE STATE OF
53 MISSISSIPPI, That we do hereby commend and congratulate Jim Quick
54 on being selected as the 2005 State Games of Mississippi BellSouth
55 Male Athlete of the Year and express our heartiest wishes for
56 continued success in all his future endeavors.

57 BE IT FURTHER RESOLVED, That this resolution be presented to
58 Jim Quick and be made available to the members of the Capitol
59 Press Corps.