

By: Representatives Snowden, Dickson, Horne, To: Rules  
Robinson (84th), Young

## HOUSE RESOLUTION NO. 68

1 A RESOLUTION COMMENDING AND CONGRATULATING JIM QUICK ON BEING  
2 SELECTED AS THE 2005 BELLSOUTH MALE SPORTSMAN OF THE YEAR FOR THE  
3 STATE GAMES OF MISSISSIPPI.

4 WHEREAS, Mr. Jim Quick of Meridian, Mississippi, was selected  
5 as the 2005 BellSouth Male Sportsman of the Year for the State  
6 Games of Mississippi; and

7 WHEREAS, this distinguished award seeks to honor athletes who  
8 personify the ideals of the state games, such as participation,  
9 sportsmanship, achievement, effort and positive attitude; and

10 WHEREAS, Mr. Quick, who superbly exhibits all the attributes  
11 of the Sportsman of the Year, has participated in nine out of 15  
12 state games that have been held and has received 15 awards from  
13 the games which include awards for cycling, mountain biking, 5K  
14 road racing and kayaking; and

15 WHEREAS, as an indication of his determination and tenacity,  
16 Mr. Quick quit a 12-year two to three pack a day cigarette habit  
17 so that he could run without having the medical problems that  
18 accompany smoking; and

19 WHEREAS, Mr. Quick, who has been running since 1978, was  
20 inspired to finish a triathlon; and in 1983, he fulfilled this  
21 dream and successfully completed the Heart of Dixie Triathlon; and

22 WHEREAS, over the years, Mr. Quick has completed 300 races  
23 which include the Bike Across Mississippi, and he has finished  
24 three marathons which include the well-known Boston Marathon; and

25 WHEREAS, Mr. Quick also competed in the Senior Olympics in  
26 2005 where he won five gold medals in cycling and he won the

27 overall cycling road race and a gold medal in his age division in  
28 the 2005 State Games of Mississippi; and

29 WHEREAS, Mr. Quick, who is a man of discipline and will  
30 power, held a rowing streak of 564 consecutive days and has had  
31 two years of over 2,000 miles run and two years of over 10,000  
32 miles of cycling in his training; and

33 WHEREAS, at the age of 54, Mr. Quick continues to compete in  
34 various events and is victorious as demonstrated by his being  
35 selected the BellSouth Male Sportsman of the Year; and

36 WHEREAS, it is the policy of the House of Representatives to  
37 recognize and commend an outstanding and athletic Mississippian  
38 such as Jim Quick who is a remarkable inspiration for both the  
39 youth and the elderly throughout this great state:

40 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF  
41 REPRESENTATIVES OF THE STATE OF MISSISSIPPI, That we do hereby  
42 commend and congratulate Jim Quick on being selected as the 2005  
43 BellSouth Male Sportsman of the Year and express heartiest wishes  
44 for continued success in all his future endeavors.

45 BE IT FURTHER RESOLVED, That copies of this resolution be  
46 furnished to Mr. Jim Quick and to the members of the Capitol Press  
47 Corps.